

# HCC Department Coding Newsletter

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## MONTHLY CODING SPOTLIGHT



## HYPERTENSION

Coding for hypertension by itself is very simple: I10.

Add chronic kidney disease and it becomes more challenging. ICD-10 offers combination codes that include the stage of CKD 1-4, or stage 5 to end stage.

Add heart disease and there are combination codes for that as well, including codes to specify if there is heart failure associated with it.

What if a patient has heart disease and CKD? There are combination codes for those too.

Broken down it becomes more simple. The key is to know the stage of the CKD and to know the type of heart disease.

ICD-10 presumes a causal relationship between hypertension and heart disease and between hypertension and kidney disease. These conditions should be coded as related even in the absence of provider documentation explicitly linking them, unless the documentation clearly states the conditions are unrelated.

Although combination codes link these conditions, additional codes for the stage of CKD and the type of heart failure **are required**.

### Example:

**A/P:** CHF is stable, continue beta blocker and ACE inhibitor. Cardiomegaly is stable, to follow up with cardiology. Hypertension, continue carvedilol and furosemide, reduce salt intake and increase daily activity. Moderate CKD stage 3, GFR 39 on last visit, advised to increase fluids.

### Diagnoses:

⇒ I13.0 Hypertensive heart and CKD with heart failure and stage 1 through stage 4 CKD

# HYPERTENSION CODES AT A GLANCE



## 110 **Essential (primary) Hypertension**

### 111.\_ **Hypertensive Heart Disease**

111.0 Hypertensive heart disease **with heart failure**

**Use additional code to identify type of heart failure (I50.-)**

111.9 Hypertensive heart disease **without heart failure**

### 112.\_ **Hypertensive Chronic Kidney Disease**

112.0 Hypertensive CKD with **stage 5** or **end stage** renal disease

112.9 Hypertensive CKD with **stage 1 through stage 4** or **unspecified** CKD

**Use additional code to identify stage of CKD (N18.1-N18.6, N18.9)**

### 113.\_ **Hypertensive Heart and Chronic Kidney Disease**

113.0 Hypertensive heart and CKD **with heart failure** and **stage 1 through stage 4** or **unspecified** CKD

113.2 Hypertensive heart and CKD **with heart failure** with **stage 5** or **end stage** renal disease

**Use additional code to identify stage of CKD (N18.1-N18.6, N18.9)**

**Use additional code to identify type of heart failure (I50.-)**

113.IXX Hypertensive heart and CKD **without heart failure**

113.10 Hypertensive heart and CKD without heart failure with **stage 1 through stage 4** or **unspecified** CKD

113.11 Hypertensive heart and CKD without heart failure with **stage 5** or **end stage** CKD

**Use additional code to identify stage of CKD (N18.1-N18.6, N18.9)**

### 115.\_ **Secondary Hypertension**

**Code also underlying condition**

115.0 Renovascular hypertension

115.1 Hypertension secondary to other renal disorders

115.2 Hypertension secondary to endocrine disorders

115.8 Other secondary hypertension

115.9 Secondary hypertension unspecified

### 116.\_ **Hypertensive Crisis**

**Code also any identified hypertensive disease (110-115)**

116.0 Hypertensive urgency

116.1 Hypertensive emergency