

HCC Department Coding Newsletter

ISSUE #7
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MONTHLY CODING SPOTLIGHT



MAJOR DEPRESSIVE DISORDER

In ICD-10, Major Depressive Disorder is categorized by episode and/or severity.

MDD either occurs in a single episode or it is recurrent. These episodes can be further defined by severity of mild, moderate or severe. PHQ-9 is a scoring tool designed to help assess these levels of severity.

In severe depression, psychotic features may be detectable and should be reported to that higher level of specificity.

When MDD is controlled it doesn't mean it has gone away. It can still be diagnosed in a remission status, either fully or partially.

Bipolar disorder can be reported similarly to MDD with mild, moderate or severe episodes, including psychotic features in the severe cases and in partial or full remission.

Please note that Bipolar disorder should not be coded with Major Depression.

Schizophrenia is also a significant mental disorder and is reported by the type of schizophrenia: paranoid, disorganized, catatonic, etc.

Example:

A/P: Mild episode of recurrent major depressive disorder. This is stable, continue Mirtazapine tablet, once by mouth every night at bedtime.

Diagnosis:

⇒ **F33.0** Major depressive disorder, recurrent, mild

With all mental disorders, be sure to document any **dependency** on medications, cannabis or alcohol.

MDD CODES AT A GLANCE



F20._ **Schizophrenia**

F25._ **Schizoaffective Disorders**

F30._ **Manic Episodes**

F31._ **Bipolar Disorders**

F32._ **Major Depressive Disorder, single episode**

F32.0 MDD, single episode, **mild**

F32.1 MDD, single episode, **moderate**

F32.2 MDD, single episode, **severe without psychotic features**

F32.3 MDD, single episode, **severe with psychotic features**

F32.4 MDD, single episode, **in partial remission**

F32.5 MDD, single episode, **in full remission**

F32.9 MDD, unspecified (not a preferred code)

F33._ **Major Depressive Disorder, recurrent**

F33.0 MDD, recurrent, **mild**

F33.1 MDD, recurrent, **moderate**

F33.2 MDD, recurrent, **severe without psychotic features**

F33.3 MDD, recurrent, **severe with psychotic features**

F33.4_ **Major Depressive Disorder, recurrent, in remission**

F33.40 MDD, recurrent, in remission unspecified

F33.41 MDD, recurrent, in **partial** remission

F33.42 MDD, recurrent, in **full** remission

F33.8 Other recurrent depressive disorders

F33.9 MDD, recurrent, unspecified

F34.8 **Other Persistent Mood (affective) Disorders**

F34.9 **Unspecified Mood (affective) Disorder**

F10.20 Alcohol **Dependence** Uncomplicated

F11.20 Opioid **Dependence** Uncomplicated

F12.20 Cannabis **Dependence** Uncomplicated