

Navigating the Medicare Annual Enrollment Period (AEP)

It's important to review your Medicare coverage ever year before the Medicare Annual Enrollment Period (AEP), October 15–December 7. This checklist can help you prepare as you review your plan options.

Section 1: Has my health changed in the last year? ☐ Yes ☐ No Health changes: Consider your health and lifestyle. Note any changes below:	Section 3: Coverage benefits: Answer each question below to help decide whether to keep your plan or explore other options. Does my Medicare plan cover my current health care needs? Yes No Note any additional needs below:
Section 2:	
Review your Annual Notice of Change (ANOC)	
carefully when you get it in the mail in the fall.	
Items to identify and review:	Will any of the plan changes for the upcoming
Benefits being added to your plan:	year impact my health care needs?
	□ Yes □ No
Benefits being removed from your plan:	Are my preferred doctors or providers part of my plan?
Changes to providers in your network:	□ Yes □ No
	Are the prescription drugs I need on my
Changes to in- and out-of-network coverage:	plan's formulary?
	□ Yes □ No
Changes to prescription drug coverage:	Can I get my prescription drugs online or via mail?
Cost and Medications:	□ Yes □ No

Section 3 (continued):	Section 4 (continued):
Do I need/want coverage for additional health	Do my monthly plan premiums fit my budget?
services or items (dental/vision)?	(If applicable)
□ Yes □ No	□ Yes □ No
If "Yes," can I get these items with my	Can I pay my plan's deductibles, copays
current plan?	and coinsurance amounts?
□ Yes □ No	□ Yes □ No
Is there a rewards program offered?	Coverage benefits: Answer each question
□ Yes □ No	below to help decide whether to keep your plan
Vision Cost:	or explore other options.
	Does my Medicare plan cover my current
Dental Cost:	health care needs?
	□ Yes □ No
	Note any additional needs below:
Section 4: Costs and finances	
Premium	
	-
PCP Copay	
Specialist Copay	Section 5: Convenience and Service
	Can I easily contact my plan provider with
Deductibles	questions?
Max out of pocket	☐ Yes ☐ No
ivida out of pocket	Does my plan have online information and
Have my finances changed in the last year?	resources I can use?
☐ Yes ☐ No	☐ Yes ☐ No
L 165 L 140	My plan offers special tools and services such
	as a 24-hour nurse hotline?
	□ Yes □ No

Your health is important and choosing your Medicare coverage is a big part of that. Once completed, make sure to keep this checklist as your personal guide during the Medicare Annual Enrollment Period (AEP) October 15–December 7.

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