

2026 Clinical Practice & Preventive Health Guidelines

GUIDELINE: ALCOHOL MISUSE (USPSTF)

Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse – Clinical Summary of U.S. Preventive Services Task Force Recommendation, 2018

[Screening and Behavioral Counseling Interventions to Reduce Unhealthy Alcohol Use in Adolescents and Adults: Recommendation Statement | AAFP](#)

GUIDELINE: ALZHEIMER’S DISEASE

Alzheimer’s Association recommendations for operationalizing the detection of cognitive impairment during the Medicare Annual Wellness Visit in a primary care setting (2013)_ UPDATE

DOI: <https://doi.org/10.1016/j.jalz.2012.09.011>

Practice Guideline for the Treatment of Patients with Alzheimer’s Disease and Other Dementias, 2007

&

Guideline Watch (October 2014): Practice Guideline for the Treatment of Patients with Alzheimer’s Disease and Other Dementias _ UPDATE

<https://psychiatryonline.org/guidelines>

GUIDELINE: APPENDICITIS

Clinical Policy: Critical Issues in the Evaluation and Management of Emergency Department Patients with Suspected Appendicitis, 2023 – American College of Emergency Physicians

GUIDELINE: ASTHMA

Global Strategy for Asthma Management and Prevention – 2024 Guidelines

<https://ginasthma.org/2024-report/>

American Thoracic Society: Statements, Guidelines, and Reports

<http://www.thoracic.org/statements/allergy-asthma.php>

GUIDELINE: AUTISM SPECTRUM DISORDER – CHILDREN & ADOLESCENTS

Practice Parameter for the Assessment and Treatment of Children and Adolescents with Autism Spectrum Disorder, 2014 – American Academy of Child & Adolescent Psychiatry

http://www.aacap.org/App_Themes/AACAP/Docs/practice_parameters/autism.pdf

GUIDELINE: BIPOLAR DISORDER

American Psychiatry Association Bipolar Disorder Practice Guideline (2002) & American Psychiatry Association Bipolar Disorder Guideline Watch (2005)

<https://psychiatryonline.org/guidelines>

GUIDELINE: BENIGN PROSTATIC HYPERPLASIA

American Urological Association Guideline: Management of Benign Prostatic Hyperplasia (BPH), Published 2021, revised 2023

[https://www.auanet.org/guidelines-and-quality/guidelines/benign-prostatic-hyperplasia-\(bph\)-guideline](https://www.auanet.org/guidelines-and-quality/guidelines/benign-prostatic-hyperplasia-(bph)-guideline)

GUIDELINE: BRONCHITIS – ACUTE

Diagnosis and Treatment of Acute Bronchitis, 2010 – American Family Physician

<https://www.aafp.org/afp/2010/1201/p1345.html>

GUIDELINE: CHILDHOOD OBESITY

Clinical Practice Guideline for the Evaluation and Treatment of Children and Adolescents with Obesity- 2023

<https://publications.aap.org/pediatrics/article/151/2/e2022060640/190443/Clinical-Practice-Guideline-for-the-Evaluation-and?autologincheck=redirected>

GUIDELINE: CHOLESTEROL

Guideline on the Management of Blood Cholesterol – Updated 2026 ACC/AHA

<https://www.ahajournals.org/doi/10.1161/CIR.0000000000001423>

GUIDELINE: CHRONIC OBSTRUCTIVE PULMONARY DISEASE (COPD)

American Thoracic Society: Statements, Guidelines, and Reports

<http://www.thoracic.org/statements/copd.php>

GOLD (Global Initiative for Chronic Obstructive Lung Disease) Reports 2019

<https://goldcopd.org/gold-reports/>

GUIDELINE: DEPRESSIVE DISORDER – ADULTS

American Psychiatric Association Practice Guideline for the Psychiatric Evaluation of Adults, Third Edition (2015)

<https://psychiatryonline.org/doi/10.1176/appi.books.9780890426760.pe02>

GUIDELINE: DEPRESSIVE DISORDER – ADOLESCENTS AND YOUNG ADULTS

Guidelines for Adolescent Depression in Primary Care (GLAD-PC): I. Identification, Assessment, and Initial Management

<http://pediatrics.aappublications.org/content/120/5/e1299>

GUIDELINE: DIABETES

Standards of Medical Care in Diabetes, 2026 - American Diabetes Association

<https://professional.diabetes.org/standards-of-care>

GUIDELINE: FALL PREVENTION (USPSTF)

Falls Prevention in Community-Dwelling Older Adults: Interventions

<https://www.uspreventiveservicestaskforce.org/uspstf/recommendation/falls-prevention-community-dwelling-older-adults-interventions>

GUIDELINE: GENERALIZED ANXIETY DISORDER

Generalized Anxiety Disorder and panic disorder Management

<https://www.aafp.org/pubs/afp/issues/2022/0800/generalized-anxiety-disorder-panic-disorder.html>

GUIDELINE: HEART FAILURE

2022 AHA/ACC Guidelines Heart Failure

<https://www.ahajournals.org/doi/10.1161/CIR.0000000000001063>

GUIDELINE: HYPERTENSION

The JNC 8 Hypertension Guidelines: An In-Depth Guide

<https://www.pharmacytimes.com/news/the-jnc-8-hypertension-guidelines-an-in-depth-guide>

GUIDELINE: IMMUNIZATION SCHEDULES (0-18 YEARS)

Recommended Immunization Schedules for Persons Aged 0 Through 18 Years, United States, 2018 – CDC

<https://www.cdc.gov/vaccines-children/schedules/index.html>

GUIDELINE: INFLUENZA

Prevention and Control of Seasonal Influenza with Vaccines: Recommendations of the Advisory Committee on Immunization Practices—United States, 2018–19 Influenza Season

https://www.cdc.gov/mmwr/volumes/67/rr/rr6703a1.htm?s_cid=rr6703a1_w

GUIDELINE: KIDNEY DISEASE – CHRONIC

CKD Evaluation and Management (KDIGO 2024 Clinical Practice Guidelines)

<https://kdigo.org/guidelines/ckd-evaluation-and-management/>

GUIDELINE: LIVER DISEASE

American Association for the Study of Liver Diseases Practice Guidelines

<https://www.aasld.org/practice-guidelines>

GUIDELINE: LOW BACK PAIN

AAFP Diagnosis and Treatment of Low Back Pain

<https://www.aafp.org/pubs/afp/issues/2025/1100/acute-low-back-pain.html>

GUIDELINE: MULTIPLE SCLEROSIS

Practice Guidelines for adults with Multiple Sclerosis

<https://www.neurology.org/doi/pdfdirect/10.1212/WNL.0000000000005347>

GUIDELINE: MYOCARDIAL INFARCTION

2013 ACCF/AHA Guideline for the management of ST – Elevation Myocardial Infarctions

<https://www.ahajournals.org/doi/full/10.1161/cir.0b013e3182742cf6>

GUIDELINE: OSTEOPOROSIS

Osteoporosis Treatment: Updated Guidelines From ACOG

<https://www.aafp.org/pubs/afp/issues/2023/0700/practice-guidelines-osteoporosis-treatment.html>

GUIDELINE: PALLIATIVE CARE FOR ADULTS

Clinical Practice Guidelines for Quality Palliative Care

https://www.nationalcoalitionhpc.org/wp-content/uploads/2020/07/NCHPC-NCPGuidelines_4thED_web_FINAL.pdf

GUIDELINE: PNEUMONIA IN ADULTS

Infectious Diseases Society of America/American Thoracic Society Consensus Guidelines on the Management of Community-Acquired Pneumonia in Adults (2007)

<https://www.thoracic.org/statements/resources/mtpi/idsaats-cap.pdf>

GUIDELINE: PRENATAL CARE

AAFP: Update on Prenatal Care

<https://www.aafp.org/afp/2014/0201/p199.html>

GUIDELINE: PREVENTIVE PEDIATRIC HEALTH CARE

Recommendations for Preventive Pediatric Health Care – Periodicity Schedule, 2015 – American Academy of Pediatrics

<https://www.aap.org/en/practice-management/care-delivery-approaches/periodicity-schedule/>

GUIDELINE: PREVENTIVE SERVICES FOR ADULTS

AAFP: Summary of Recommendations for Clinical Preventive Services, July 2017

https://www.aafp.org/dam/AAFP/documents/patient_care/clinical_recommendations/cps-recommendations.pdf

GUIDELINE: PSYCHIATRIC EVALUATION OF ADULTS

American Psychiatric Association Practice Guideline for the Psychiatric Evaluation of Adults, Third Edition (2015)

<https://psychiatryonline.org/doi/10.1176/appi.books.9780890426760.pe02>

GUIDELINE: SCHIZOPHRENIA

American Psychiatric Association Schizophrenia Practice Guideline (2004) and Guideline Watch (2009)

<https://psychiatryonline.org/guidelines>

GUIDELINE: SEXUALLY TRANSMITTED DISEASE

Sexually Transmitted Diseases Treatment Guideline, 2015 – Centers for Disease Control and Prevention

[Sexually Transmitted Infections \(STIs\) | STI | CDC](#)

GUIDELINE: SKIN AND SOFT TISSUE INFECTIONS

Practice Guidelines for the Diagnosis and Management of Skin and Soft Tissue Infections: 2014 Update by the Infectious Disease Society of America

<https://www.idsociety.org/practice-guideline/skin-and-soft-tissue-infections/>

GUIDELINE: STREPTOCOCCAL PHARYNGITIS

Clinical Practice Guideline for the Diagnosis and Management of Group A Streptococcal Pharyngitis: 2012 Update by the Infectious Diseases Society of America

<https://academic.oup.com/cid/article/55/10/e86/321183>

GUIDELINE: STROKE – ACUTE ISCHEMIC

AHA/ASA Guidelines for the Early Management of Patients with Acute Ischemic Stroke, 2013

<https://www.ahajournals.org/doi/abs/10.1161/str.0b013e318284056a>

2015 AHA/ASA Focused Update of the 2013 Guidelines for the Early Management of Patients with Acute Ischemic Stroke Regarding Endovascular Treatment_UPDATE

<https://www.ahajournals.org/doi/abs/10.1161/STR.0000000000000074>

GUIDELINE: TOBACCO USE – CHILDREN & ADOLESCENTS (USPSTF)

Primary Care Relevant Interventions to Prevent Tobacco Use in Children and Adolescents, 2013

[Recommendation: Tobacco Use in Children and Adolescents: Primary Care Interventions | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org/Recommendation:Tobacco-Use-in-Children-and-Adolescents-Primary-Care-Interventions)

GUIDELINE: TOBACCO USE – ADULTS (USPSTF)

Behavioral and Pharmacotherapy Interventions for Tobacco Smoking Cessation in Adults, Including Pregnant Women, 2015

[Recommendation: Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions | United States Preventive Services Taskforce \(uspreventiveservicestaskforce.org\)](https://www.uspreventiveservicestaskforce.org/Recommendation:Tobacco-Smoking-Cessation-in-Adults-Including-Pregnant-Persons-Interventions)

GUIDELINE: URINARY TRACT INFECTION

International Clinical Practice Guidelines for the Treatment of Acute Uncomplicated Cystitis and Pyelonephritis in Women: A 2010 Update by the Infectious Diseases Society of America and the European Society for Microbiology and Infectious Diseases

<https://academic.oup.com/cid/article/52/5/e103/388285>