



The Parkinson’s Progression Markers Initiative (PPMI) is the premier Parkinson’s research study from The Michael J. Fox Foundation. PPMI helped discover a biological test that can detect Parkinson’s. And the study continues to explore how brain disease starts and changes. **Now it needs you.**

# Join the Study that’s Changing Everything



**PPMI is open to anyone over age 18 in the U.S., but certain groups are especially needed:**

## Benefits of Participation

- + You play a role in better health and care for all
- + You get access to world-class Parkinson’s experts
- + You contribute to the most robust data set in Parkinson’s research
- + Once enrolled, PPMI covers the cost of study-related travel
- + You may be compensated for completing study visits

### DIAGNOSED WITH PARKINSON’S DISEASE

PPMI asks anyone who received a diagnosis in the last seven years regardless if they have begun treatment or not to take a scratch-and-sniff smell test.

### AGE 40+ WITHOUT PARKINSON’S DISEASE

Age is a risk factor for PD, and so is smell loss. PPMI asks everyone not diagnosed with PD, age 40+, in the U.S. and Canada to take a scratch-and-sniff test.

### ACT OUT YOUR DREAMS

REM sleep behavior disorder (RBD) is a condition that causes some people to punch, kick or yell while they sleep. It may be a risk factor for brain disease.

### ANYONE AGE 18+ IN THE U.S.

Anyone age 18 and older in the U.S. — with and without Parkinson’s — can join PPMI. Share valuable data on health and wellness in our online platform.



Find your PPMI starting point at [michaeljfox.org/ppmi/pho1](https://michaeljfox.org/ppmi/pho1)

